

Opinion About Coaching Traits Of Dronacharya Awardee Shri Raj Singh: A Case Study

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Abstract

The present paper highlights the opinion about Coaching Traits of Dronacharya Awardee Shri Raj Singh. According to the purpose of the present study the investigator has adopted the direct interview method and opinion rating questionnaires consist on Dronacharya Awardee Shri Raj Singh contribution towards sports and physical education, his contribution for promotion of wrestling in particular and sports in general in the country. To investigate the contribution and achievements of Dronacharya Awardee Shri Raj Singh towards the promotion of wrestling and sports in the country a case study is designed in which historical biographical, analytical and interpretive techniques are utilized. As per the Coaching Traits on a higher mean score of 4.21 on a Likert's scale of the five; majority of the respondents said that Shri Raj Singh is a deep knowledgeable person.

Key Words: Dronacharya Awardee, case study, coaching traits.

INTRODUCTION

Wrestling has its origin in India. From where the game went to Greece and then spread to the rest of the world. This was proved in 1938 when some archaeologist excavated a stone near 6 Kayaf Ji temples in Baghdad with wrestling features of India dating back approximately 5000 years. In India the roots of the same are deeper and one can trace them back to the epic days of the Ramayana and Mahabharata. The Bhim and Karna Maharathi had no equals. Balram, elder brother of the Lord Krishna was a renowned wrestler of his time. If we go through Ramayana, we find that Hanuman, commonly known as "Mahabir", Bali and Sugreev were famous wrestlers.

The 13th-century 'Malla Purana' references a cluster of Gujarati Brahmin wrestlers famous as Jyesthi Malla. Freestyle wrestling entered the country in 1932 and Wrestling Federation of India was formed in 1948. Before the Indo-Pak partition the heavy weight wrestler was honored by title of Rustam-E-Hind. After it the title of Hind-Keshri was started.

With passage of time many wrestling federations were formed in India. The new titled 'Mahanbharat Kesri' as well as 'Mall Samrat' was formed. Nowadays Secretary General of Wrestling Federation of India is Shri Raj Singh but all the responsibilities of federation are assumed by President Sh. Brij Bhushan Sharan Singh, MP.¹

Shri Raj Singh (born 15th August 1947) was a wrestler, coach and wrestling administrator in India. Chand was born in Nangal Thakran village of Delhi-39. He started his wrestling under the guidelines of Guru Hanuman (1901–1999) who coached many medal-winning wrestlers and practices as wrestler at 'Birla Mills Vyayamshala', Kamla Nagar, Delhi, which subsequently known as the Guru Hanuman Akhara. Both as a wrestler and as a coach, Shri Raj Singh was a legend as he created a template for modern Indian wrestling, by mixing traditional Indian wrestling style, pehlwani with international wrestling standards. Shri Raj Singh Secretary General Wrestling Federation of India receiving award from President of India Shri Pranab Mukherjee on dated 31-Aug-2013.

STATEMENT OF THE PROBLEM

“OPINION ABOUT COACHING TRAITS OF *DRONACHARYA AWARDEE SHRI RAJ SINGH: A CASE STUDY*”.

OBJECTIVE OF THE STUDY

The objective of the present study is to investigate the opinion about Coaching Traits of Dronacharya Awardee Shri Raj Singh.

RESEARCH METHODOLOGY

RESEARCH DESIGN

To investigate the contribution and achievements of Dronacharya Awardee Shri Raj Singh towards the promotion of wrestling and sports in the country a case study is designed in which historical biographical, analytical and interpretive techniques are utilized.

POPULATION

The wrestling coaches, sportspersons, villagers, relatives and friends of Shri Raj Singh in India constitute the population of the present study.

SAMPLE DESIGN

Sample design is a plan for drawing a sample from a population. A part of population representing is known as a sample. For the present study, 300 respondents are selected as the

¹ Retrieved from: http://www.wrestlingfederationofindia.com/about_us.php?id=18

sample. Out of the total 300 respondents, 42 are coaches, 182 sportspersons, 76 relatives and friends.

SAMPLING TECHNIQUE

A sample of 300 respondents (182 sportspersons, 42 coaches, 76 relatives and friends) is selected through non-probability convenient sampling technique from sportspersons, coaches, relatives and friends respectively in India, who are categorized on the basis of their age, designation and residential status.

SAMPLE UNIT

Sportspersons, coaches, relatives and friends are taken as sample units. Every single person from 300 respondents is taken as the sample unit.

DATA COLLECTION

1. **Secondary data:** The required secondary data is collected through personal records (degree, honours, books and articles), published material (books, pamphlets, articles, newspapers and reports on Dronacharya Awardee Shri Raj Singh), pictorial records and official record.
2. **Primary data:** This study based primarily on primary data. The primary is collected through interview techniques and opinion rating questionnaires to be filled by 300 villagers, relative, family member, friends, physical education teachers, coaches and players to know their responses and reactions

STATISTICAL TREATMENT

Appropriate quantitative techniques are used to analyses available data to reach to the findings of the research. Data from primary and secondary sources is analysed, interpreted and evaluated with required statistical tools like tabulation, graphic presentation, measurement of central tendency, percentage. Rank etc.

ANALYSIS AND INTERPRETATION

The following table demonstrates the comparative analysis of opinion about Coaching Traits of Shri Raj Singh with rank technique.

Table 1**Comparative analysis of opinion about Coaching Traits of Shri Raj Singh with rank technique**

Opinion about Coaching Traits of Shri Raj Singh	Mean	Rank
He is a deep knowledgeable person	4.21	1
He has properties of wrestling natural.	4.20	2
He is interested in depth knowledge about wrestling.	4.18	3
He is preparing for wrestling class	4.17	4
He is insisted training on modern technology.	4.16	5
He gave the example of the world best wrestlers to induce the players.	4.11	6
His routine for the wrestlers on scientific basis.	4.11	7
He want to make wrestling India's most famous game.	4.07	8
He promotes wrestling too much.	4.07	9
He always use and change in the style of his wrestling.	4.05	10
He is devoted to his work.	4.04	11
He writes the daily routine of all wrestlers in his diary.	4.03	12
He has changed his training style.	4.03	13
His understanding and opinion against wrestling is scientific.	4.02	14
He lives in arena regularly.	4.02	15
He gives new ideas to wrestlers.	4.01	16
He is pushing new wrestlers for wrestling.	4.00	17
He also does not hesitate to punish the wrestlers.	3.95	18
He always inspires the wrestlers to improve the art of wrestling.	3.95	19
He is always insisted on good diet and good health.	2.12	20

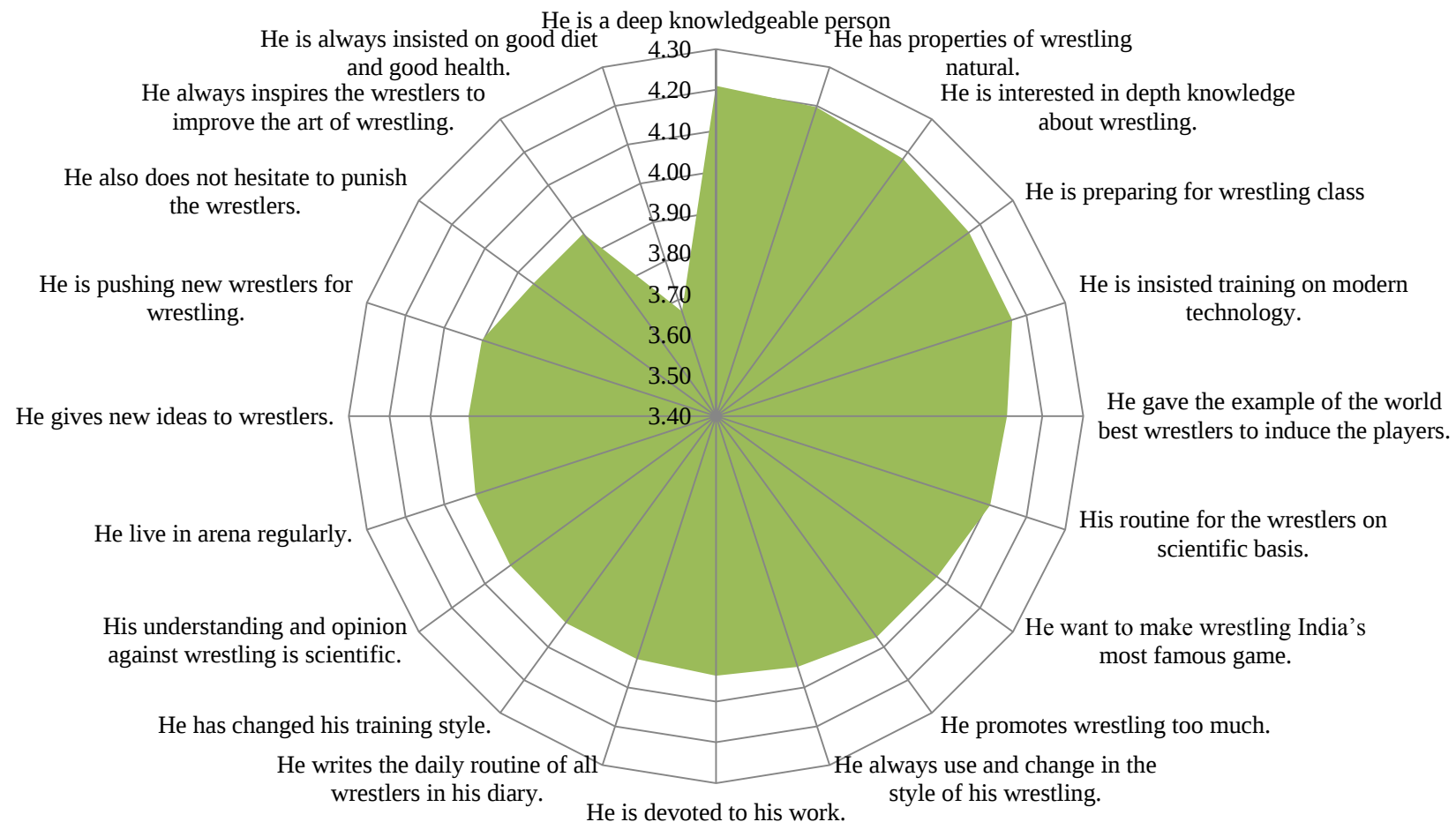
Source: Primary data collected.

The Table 1 shows that as per the Coaching Traits on a higher mean score of 4.21 on a Likert's scale of the five; majority of the respondents said that Shri Raj Singh is a deep knowledgeable person. Followed by it, they have second ranked to the coaching traits of Shri Raj Singh as "He has properties of wrestling natural"; with a high mean score of 4.2. "He is

interested in depth knowledge about wrestling (4.18)” and “He is preparing for wrestling class (4.17)” are appreciated as third and fourth. “He is insisted training on modern technology”, “He gave the example of the world best wrestlers to induce the players”, “His routine for the wrestlers on scientific basis”, “He want to make wrestling India’s most famous game”, “He promotes wrestling too much”, “He always use and change in the style of his wrestling”, “He is devoted to his work”, “He writes the daily routine of all wrestlers in his diary”, “He has changed his training style”, “His understanding and opinion against wrestling is scientific”, “He lives in arena regularly”, “He gives new ideas to wrestlers”, “He is pushing new wrestlers for wrestling”, “He also does not hesitate to punish the wrestlers”, “He always inspires the wrestlers to improve the art of wrestling” and “He is always insisted on good diet and good health”, are ranked as the “fifth, sixth, seventh, eighth, ninth, tenth, eleventh, twelfth, thirteenth, fourteenth, fifteenth, sixteenth, eighteenth, nineteenth and twentieth variables as the survey result analysis, they have a mean score of 4.16, 4.11, 4.11, 4.07, 4.07, 4.05, 4.04, 4.03, 4.03, 4.02, 4.02, 4.01, 4.00, 3.95, 3.95 and 2.12 respectively (also shown in figure 1).

As per the Coaching Traits on a higher mean score of 4.21 on a Likert’s scale of the five; majority of the respondents said that Shri Raj Singh keeps his all records complete.

Figure 1: Comparative analysis of opinion about Coaching Traits of Shri Raj Singh



CONCLUSION

According to the purpose of the present study the investigator has adopted the direct interview method and opinion rating questionnaires consist on Dronacharya Awardee Shri Raj Singh contribution towards sports and physical education, his contribution for promotion of wrestling in particular and sports in general in the country. To investigate the contribution and achievements of Dronacharya Awardee Shri Raj Singh towards the promotion of wrestling and sports in the country a case study is designed in which historical biographical, analytical and interpretive techniques are utilized. As per the Coaching Traits on a higher mean score of 4.21 on a Likert's scale of the five; majority of the respondents said that Shri Raj Singh is a deep knowledgeable person. Followed by it, they have second ranked to the coaching traits of Shri Raj Singh as "He has properties of wrestling natural"; with a high mean score of 4.2. "He is interested in depth knowledge about wrestling (4.18)" and "He is preparing for wrestling class (4.17)" are appreciated as third and fourth. "He is insisted training on modern technology", "He gave the example of the world best wrestlers to induce the players", "His routine for the wrestlers on scientific basis", "He want to make wrestling India's most famous game", "He promotes wrestling too much", "He always use and change in the style of his wrestling", "He is devoted to his work", "He writes the daily routine of all wrestlers in his diary", "He has changed his training style", "His understanding and opinion against wrestling is scientific", "He lives in arena regularly", "He gives new ideas to wrestlers", "He is pushing new wrestlers for wrestling", "He also does not hesitate to punish the wrestlers", "He always inspires the wrestlers to improve the art of wrestling" and "He is always insisted on good diet and good health", are ranked as the fifth, sixth, seventh, eighth, ninth, tenth, eleventh, twelfth, thirteenth, fourteenth, fifteenth, sixteenth, eighteenth, nineteenth and twentieth variables as the survey result analysis, they have a mean score of 4.16, 4.11, 4.11, 4.07, 4.07, 4.05, 4.04, 4.03, 4.03, 4.02, 4.02, 4.01, 4.00, 3.95, 3.95 and 2.12 respectively.

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