



A Comparative Study of Adjustment among Trainee Teachers Students

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Research students

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Abstract:

Education is conceived as a powerful agency, which is instrumental in bringing about the desired changes in the social and cultural life of a nation. Now education has become a fast assuming momentous dimension in the present era of great change exploding knowledge and technical transformation, since it is closely linked with the productivity of nation. In this research study of adjustment for D.Ed. and B.Ed. students were carried out for research social adjustment and sexual adjustment this two factors are studied. Two groups were formed, each group consisting of 40 students were selected for above mentioned study. The results showed that the social adjustment level of girls and boys are not significantly differing. But in sexual adjustment girls are more adjusted than boys. Global adjustment scale used in this study.

Key words: Social Adjustment, Sexual Adjustment, Trainee Teachers, Students.

Introduction:

Living in the public arena everybody needs to alter with their environment, little occasions. In any case, doing this adjustment we are not harsh that each time occasions will go as our desire. In such a circumstance we need to alter with changing circumstance which might be related with social or accomplice's sexual adjustment. Instruction is considered as a ground-breaking office, which is instrumental in achieving the ideal changes in the social and social existence of a country. Presently training has become a quick expecting earth shattering

measurement in the present period of incredible change detonating information and specialized change, since it is firmly connected with the profitability of country. Instruction is, truth be told, a methods for human asset improvement. Accordingly, endeavors are being made to give quality training by means of improving the presentation of schools which may rely upon one of the components with interior atmospheres or working of schools. It is, consequently, the point of the educationists or those accountable for these organizations to keep up such an atmosphere in the instructive foundations dependent on observational discoveries which would prompt quality training.

Adjustment:

Adjustment is an indispensable issue of the cutting edge world. The present century is described by mental issue and upset relational relationship. Human adjustment is a perplexing procedure. The creation of alluring adjustments to the different requests of life is impacted by the contrasting acquired qualities and shifting natural conditions and circumstances to which an individual is uncovered. The accomplishment of alluring life adjustment relies on the acknowledgment of the essentialness of acquired potential and ecological conditions as these influence his/her lifestyle. Adjustment is a sort of connection between the individual and his/her condition for bringing concordance between them. Adjustment is a dynamic and consistent long lasting procedure. A composed individual shows certain conduct attributes; he/she has the ability to fit in with the standards of the general public. He/she communicates trust in him and in others. He/she shows solid conviction that all is good and obligation. He/she capably fulfills his passionate needs just as of others. He/she has all around characterized objectives in his/her life and a lot of qualities. He/she is very much adjusted to the real world and time.

Shaffer (1961), "Adjustment is the procedure by which a living life form keeps up a harmony between its needs and the conditions that impact the fulfillment of these necessities".

May view

Correct response to changing situation, new experiences problem that is adjustment

Adjustment means ability to adjust with surroundings, situational event and self-need adjust with daily life problem called adjustment

Social adjustment

Social adjustment is use of social skill or development and establishment social relations. We adjust with society with its rituals, culture and their rules and regulations. Many time we are with support of this rituals or not but we go with them for social relations. But if care fails while adjusting with these social norms then it will come as social provoke and consider as maladjusted behaviour

Teacher is consider as social factor as he\she deal with other social factor ie. Students Teachers are more closely associated with their society. In other words we can say teacher is reflection of society. He /she doing work which consider as building blocks for good society. This social adjustment is a key to well sound society for that every factor within society generates good adjustment level.

Sexual adjustment

In marital part of life every partner has to do many adjustments with other partner one of it sexual adjustment when we consider our partners wish, emotions related to sex then only good sexual adjustment can happen if not it called maladjusted behaviours for sexual need. While sexual adjustment one have to consider about partners don't get physically or mentally harm. During sexual urge partner consider wish of partner for physical intimate, so partners also adjust with your demand. When sexual partners one married or non-married that time case should be taken otherwise only sexual relation harm normal relationship also. Many times while establishing sexual relationship time emotional acceptance should give.

According to maslow's hierarchy model sexual need is one of the need which should satisfy if this not other need also not get emerged.

Teacher trainee

Before joining as professional teacher student must take his/ her training during B.Ed. / D.Ed./med/ or should quality net/ set for this research B.Ed. / D.Ed. students are taken as sample. In this age students feel to fulfil their physical and mental needs. They experience physical attraction for one special person who can share thoughts, feeling or even fulfil sexual needs. In this age they are more close to society. Hence they need guidance. During this phase, different internal change also one of the reason for sexual arousal. But they have to do sexual adjustment for better social framework.

Review of Literature:

Dr. josef kathrin (2014) social adjustment of bed students. He found that bed students have calibre to adjust with social norms and society and hence have better social adjustment. Those who have less social adjustment they can also increase. In his study, he emphasised that students belonging to rural area should not only focus on mental development but also total personality development.

Hashmi et al. (2006) studied the marital adjustment, stress and depression among working and non-working married women. The study was aimed at exploring the relationship between marital adjustment, stress and adjustment. Sample of the study consisted of 150 working and non-working married women. The results indicated highly significant relationship between adjustment, depression and stress. The findings of the study also show that working married women have to face more problems in their married life as compared to non-working married women.

Gupta (1977) while making a study of successful teachers found that success in teaching was significantly related to the areas of home, health, social, emotional and total adjustment and to professional attitudes, but had no relationship with academic environment.

Methodology:**Statement of the Problem**

To study the social and sexual adjustment of D.Ed. / B.Ed. Students

Objectives

To study the social and sexual adjustment of D.Ed. / B.Ed. Students

To study the gender deference in sexual and social adjustment

Hypothesis:

There will be good social and sexual adjustment found in trainee students

There will be high adjustment found between female students than male students

Method**Sample**

For this study sample included of D.Ed. and B.Ed. college students from the Aurangabad city are selected by draw technique. In Aurangabad city about 20 collages or more than that but random technique is use for selection of collage and students for sample. For this research sample 40 male students and 40 female students selected, total no. of 80 students. Age limit for them were 18 to 25 years.

Research Design of the Study:

The present study balanced by on way factorial research design. There are one independent variables are students. Dependent variables are social and sexual adjustment.

Variable

Independent variable 1) male students

2) Female students

Dependent variable 1) social adjustment

2) Sexual adjustment

Research Tools of the Study:

Global adjustment scale develops by psy-com service in 1994. In this scale 120 statements are their which are related to 6 factors like social, health, sexual, family, professional and educational adjustment. This test reliability is emotional 0.70, family 0.58, health .69, sexual .79, social .73 and occupational .68.

Procedure of Data Collection:

The data collection will be involving the administration of above mentioned measures. The subjects will be called in small groups of two to four people each groups. There will be two testing sessions. In the first session, biographic information will be collected first and then global adjustment scale will be administrated in the second session.

Result Discussion and Analysis:

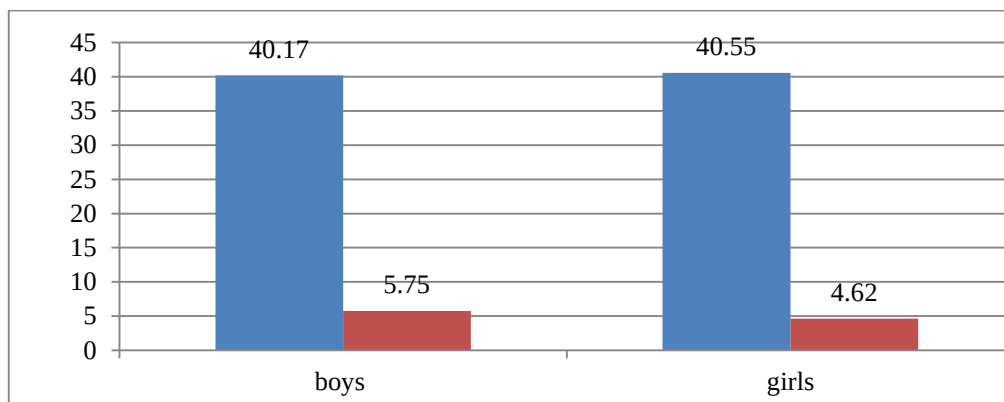
The research work is not completed merely by the collection of data, in fact analysis and interpretation of data is also an important step of research work “Tabulation is simply the recording of the number of the types of responses in the appropriate categories.” After data is processed it has to be analyzed for testing the significance of the hypothesis framed.

This research information collected by students get analysed and result formulated. For this description statically, mean standard deviation are used.

There will be high adjustment found between female than male students

Status	Mean	SD	‘t’ value
Boys	40.176	5.755	0.33
Girls	40.55	4.62	

df= 78 at 0.01 level = 2.64 , 0.10 level = 1.66



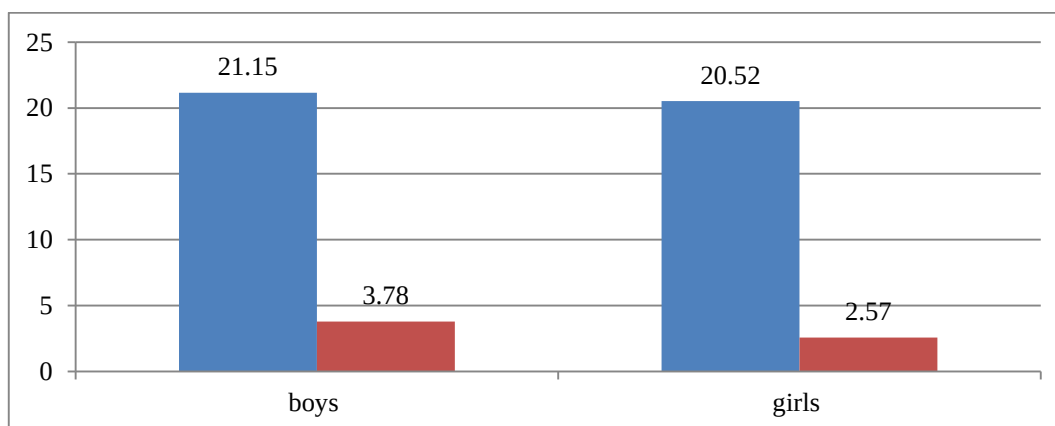
This hypothesis is rejected because no gender deference in adjustment. Male mean is 40.17 and female mean is 40.55. and 't' value is 0.33

Social adjustment:

Status	Mean	SD	't' value
Boys	21.15	3.78	0.86
Girls	20.52	2.57	

df= 78 at 0.01 level = 2.64 , 0.10 level = 1.66 not significant

Social adjustment



There is no significant difference found between male and female in social adjustment.

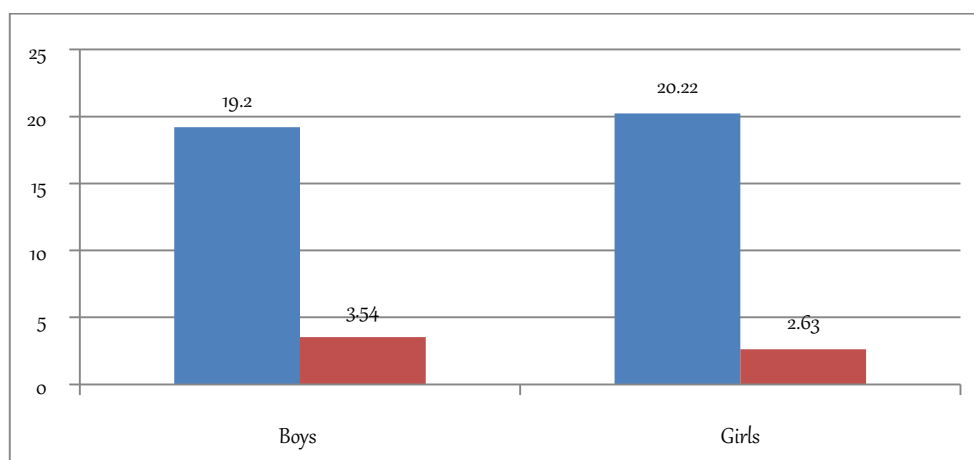
Male mean is 21.15 and female mean is 20.52 and t value is 0.86.

Sexual adjustment

Status	Mean	SD	't' value
Boys	19.2	3.54	1.71
Girls	20.22	2.53	

df= 78 at 0.01 level = 2.64 , 0.10 level = 1.66

Sexual adjustment



There is a significant difference found between male and female in sexual adjustment. Female students are better sexual adjust than male students male mean is 19.2 and female mean is 20.22 and t value is 1.77 this value are significant is 0.01 and 0.05 both the levels.

Conclusion:

These results show that male and female students are equally adjusted. If two factors divided, no gender difference in social adjustment. But, sexually female student's better adjusts than male students.

Limitation of the study:

Area limit: This research conduct only Aurangabad city college.

Age limit: This research sample included only 18 to 25 years age group.

Sample limit: This research attempt only 80 samples.

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