



Anxiety among Vitiligo Persons.

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Abstract

The present research focused on anxiety among vitiligo. The study sample was from hospitals of skin diseases in OPD from Aurangabad dist. The sample was randomly selected from Aurangabad district. The total no of subject is 60 out of which vitiligo 30 and non vitiligo 30. The vitiligo mean 57.63 and non vitiligo mean 50.13. The t value of anxiety among Adolescent is 3.415. The df was 58 at 0.05 level table value is 2.00 and at 0.01 level table value was 2.66. Our obtained t value was 3.415. So it was statistically significant at the level of 0.01. The results indicated that there was significant difference in the study of anxiety among vitiligo and non vitiligo. Researcher found more anxiety in vitiligo than in non vitiligo person.

Keywords: Anxiety, Vitiligo.

Introduction:

Each activity of a man has got some point and target to accomplish. Each science is built for the advancement of life. Mental elements are indivisible piece of life. Everyday mental issues looked by vitiligo patients is huge issue. In Indian condition vitiligo is skin illness having significant effect on personal satisfaction. a large number of whom feel upset and vilified by their condition. Society welcomes vitiligo patients as it does any one else who seems, by all accounts, to appear as something else. They are begun at or exposed to murmured, remarks, hostility, affront or Isolation. This is truly felt among youthful unmarried ladies, creating vitiligo after marriage can cause conjugal issue maybe finishing off with separate. Skin has a unique situation in psychiatry because of its responsiveness to Emotional improvements and expressivity of feelings, for example, outrage, dread and disgrace.

As indicated by Psycho dermatological issue Psychiatric issue creating auxiliary to morphological issue alopecia, cystic skin break out, vitiligo, ichthyosis. Mental impact of vitiligo may fluctuate from individual to individual however it might cause issue up to extreme loss of confidence and anxiety in individuals with dull skin and with sore in obvious skin zones.

In vitiligo individual there is a solid dread of being made a decision by others and of being humiliated. This dread can be solid to such an extent that it hinders getting down to business or school or doing other regular things. Everybody has felt on edge or humiliated at once or another. For instance, meeting new individuals or giving an open discourse can make anybody anxious. Individuals with anxiety fear doing normal things before others. For instance, they may be hesitant to eat or drink before others. A great many people who have anxiety realize that they shouldn't be as apprehensive as they seem to be, yet they can't control their dread. Here and there, they wind up avoiding spots or occasions where they figure they may need to accomplish something that will humiliate them.

Anxiety in some cases runs in families, yet nobody knows without a doubt why a few people have it while others don't. Analysts have discovered that few pieces of the mind are associated with dread and anxiety. By becoming familiar with dread and anxiety in the mind, researchers might have the option to make better medicines. Analysts are likewise searching for manners by which stress and natural components may assume a job.

Anxiety influences grown-ups, which normally starts in youth or early immaturity. There is some proof that hereditary variables are included. Anxiety is frequently joined by other anxiety issue or wretchedness. Substance misuse may create if individuals attempt to self-cure their anxiety.

Ozlem Devrim balaban, Murat Ithan Atagiin, Halisegin Handi Ozsan (2011) " Psychiatric horribleness in patients with vitiligo." The point of this examination was to decide the recurrence of mental grimness in vitiligo quiet and to researches the relations between anxiety ,despondency , social anxiety level and confidence and incapacity in there patient and they found the pace of mental dismalness was seen as higher and mean confidence score was seen as lower in the vitiligo gathering. There was no noteworthy contrast between bunch in term of social anxiety lion's share of the patient were somewhat handicapped among the vitiligo cases, mental

dismalness was discovered increasingly visit in female and youthful members. Anxiety and social shirking scores adversely related with age.

Leili Borimnejad , Zohreh Paroa Yekta, Alireza nikbakht Nasra badi , Alireza Firooz.(2006) " Quality of existence with vitiligo :examination of male and female muslin patients in iran." They need to see the impact vitiligo on mental prosperity of patients. It has been recommended that vitiligo patients experience the ill effects of low confidence , poor self-perception and low quality of life. The aggregate of 77 Muslim patients with vitiligo (53 female , 24 guys implies age 29.3 years) were remembered for this review. The mean (SD) DLQI score of 42.9(11.4)for female was lower than that of 51.6(8.8) for male (P=0.002). female patients experienced fundamentally greater hindrance of general and mental wellbeing, social relationship than did male patients.

Objectives

1. TO explore anxiety vitiligo and non vitiligo parsons.

Hypotheses

1. There will be significant difference on anxiety among vitiligo and non vitiligo persons.

Methods

Sample

Sample was selected from hospitals of skin diseases in OPD from Aurangabad dist. from population of 15-35 age group. There was purposive sample selection in vitiligo patient and random sample selections in Non vitiligo persons. There was 30 vitiligo and 30 Non vitiligo persons

Measure: Comprehensive Anxiety Scale: This scale was developed by Dr R. L. Bharadwaj, Dr H. Sharma, Dr M. Bhargava. The split half reliability is 0.94 and validity against Sinhas' Comprehensive anxiety scale is 0.82.

Procedure: In order to collect the data first to all formal departmental permission was obtained through the hospital. The researcher selected the diagnosed vitiligo and non vitiligo persons. Instructions related to scale were clearly explained to each participant. The informed consent of the participant was taken before administration of the test. The required personal information was obtained. All participants were instructed to start the questionnaires. After the collection of scales from the participants responses were recorded according to above mentioned method. The obtained data were analyzed by using mean, SD, T-ratio.

Discussion :

	N	Mean	SD	t value	Significant
Vitiligo	30	57.63	19.69	3.415	0.01
Non Vitiligo	30	50.13	14.49		

After the study of anxiety among vitiligo and non vitiligo. We find vitiligo mean 57.63 and non vitiligo mean 50.13 and S.D. of vitiligo 19.69 and of non vitiligo 14.49. The t value of anxiety among adolescent boys and girls was 3.415. For $df = 58$ at 0.5 level table value was 2.00 and at 0.1 level table value was 2.66. Our obtained t value was 3.415. The t value was more than the values of 0.01 level, so it was significant at 0.01 level.

Result :- After the study of anxiety among vitiligo. We found more anxiety in vitiligo than non vitiligo persons.

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