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## **A Study of Mental Health on Gender, Living of Area and Faculty among Under Graduate Students**

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### **ABSTRACT**

The study was undertaken to study of Mental Health on Gender Living of Area and Faculty among under graduate students of district Jalna (M.S.). Total sample of present study 120 under graduate from Jalna district in Maharashtra. The test was used for data collection mental health Inventory (1983) by Jagadish and Srivastava. *Factorial* design was used and data were analysis by Mean, SD and ANOVA. Results show that Female under graduate students Better mental health than male under graduate students, Rural under graduate students Better Mental Health than Urban under graduate students and B.A. under graduate students better Mental Health than B. Com and B. Sc. under graduate students.

**Keywords- Gender, Living of Area, Faculty, Mental Health.**

### **Introduction:**

The idea of psychological well-being is extremely old, old as people. It is a condition of prosperity where an individual understands their own capacities, can adapt to ordinary difficulties and worries of life, can work gainfully and productively and can make a commitment to their general public. It includes a humanistic methodology towards self and even others. Emotional wellness is a significant determinant of one's healthy character and adjusted conduct on premise of the degree of individual's acclimation to his very own self, others and his condition. Securing of such healthy character is particularly fundamental for a person to know himself, carry on with his life without limit and furthermore to give something valuable and

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profitable to the general public consequently. People make change, change implies change. So as to accomplish such entire some character, change must be made, which thus requires alteration. On the off chance that one doesn't accomplish an agreement with one's condition it prompts different issues. These issues really influence the psychological wellness of a person. Psychological wellness is a record or a pointer which demonstrates the degree to which an individual has had the option to fulfil his natural needs: social, passionate or physical. Emotional wellness may incorporate a person's capacity to appreciate life and find some kind of harmony between life exercises and endeavours to accomplish mental equalization.

### **Problem**

“A Study of Mental Health on Gender, Living of Area and Faculty among Under Graduate students”

### **Objective of the Study**

- To examine the Gender, Living of Area and faculty in Mental Health among Under Graduate students.

### **Hypotheses of the study**

- There will be no significant difference between Mental Health than male and female Under Graduate students.
- There is no significant difference between Mental Health than Urban and Rural under Graduate students.
- There is no significant difference between Mental Health than Art's, commence and Science under Graduate students.

## **METHOD**

### **Sample**

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The present study 120 under Graduate students from Jalna City in Maharashtra. The sample of present study was shows as below.

Mental Health	Gender		Male		Female		Total
	Living of Area		Urban	Rural	Urban	Rural	
	Faculty	Art's	10	10	10	10	40
	Commence	10	10	10	10	40	
	Science	10	10	10	10	40	
			30	30	30	30	120

**Research Design**

Factorial research design used.

**Variables of the Study**

Variable	Type of variable	Sub. Variable	Name of variable
Gender	Independent	02	1) Male Students
	Variables		2) Female Students
Living of Area	Independent	02	1) Male Students
	Variables		2) Female Students
Faculty	Independent	03	1) Art's Students
	Variables		2) Commence Students

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			3) Science Students
	Dependentvariables		Mental Health

**Research tools:-**

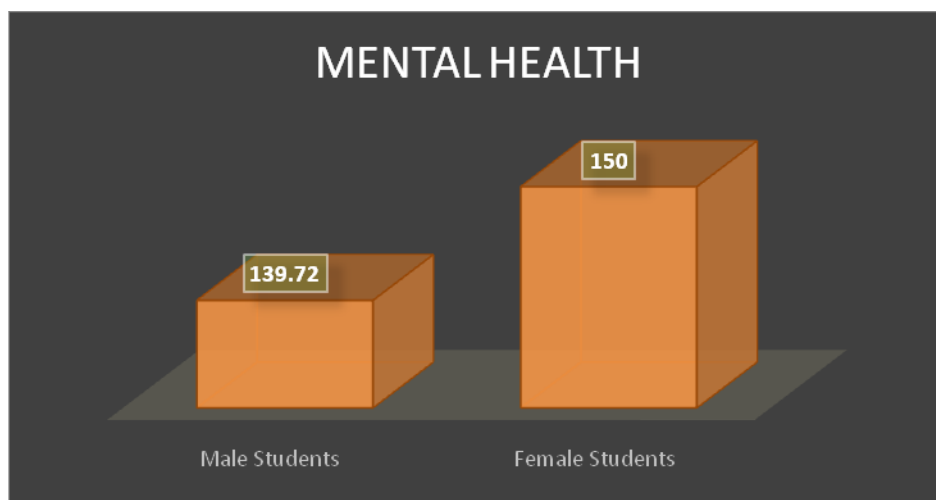
Aspect	Name of the Test	Author	Item	Reliability Validity
Mental health	Mental healthinventory, (1983)	Dr.Jagadish Dr.Srivastava	Item-54.	Reliability- 0.073. Validity- 0.54.

**Statistical Analysis and Discussion****Hypothesis:-**

- There will be no significant difference between Mental Health than male and female Under Graduate students.

**Table No.01**

Factor	Gender	Mean	SD	N	DF	F Value	Sign.
Mental Health	Male Students	139.72	10.71	60	118	15.19	0.01
	Female Students	150.00	9.40	60			

**MentalHealth on Gender, Living of Area and Faculty among Under Graduate Students****Graph No-01**

The above table No 01 and Graph No-01 reveals that the Male Students is mean and SD on Mental Health is 139.72, S.D. is 10.71 and Female students mean and SD on Mental Health is 150.00, S.D. is 9.40. The F-value is Male and Female students on Mental Health are observed 15.19 at 118 degree of freedom. The table value of F is 15.19 at .01 levels of significance. Hence hypothesis is rejected because table value less than calculated value. It means that Female Students have better Mental Health than Male Students.

**Hypothesis:-**

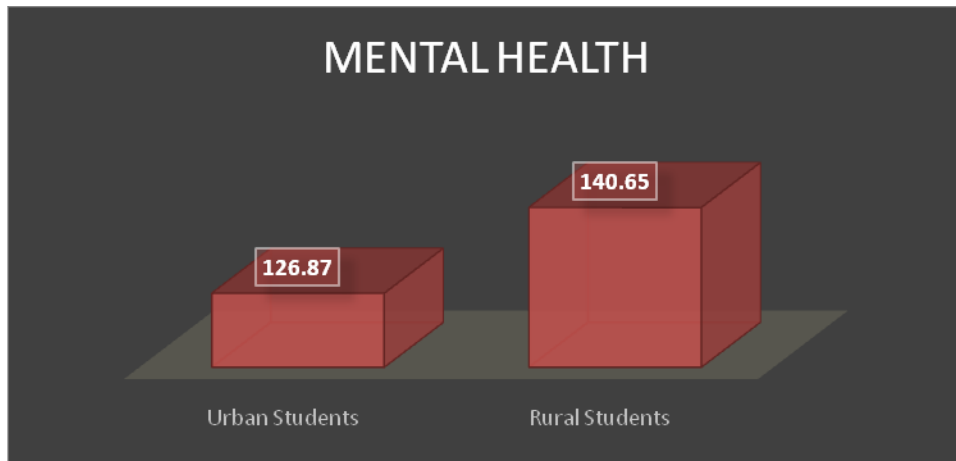
- There is no significant difference between Mental Health than Urban and Rural under Graduate students.

**Table No.02**

Factor	Living of Area	Mean	SD	N	DF	F Value	Sign.
Mental Health	Urban Students	126.87	9.14	60	112	11.38	0.01
	Rural Students	140.65	11.48	60			

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**Graph No-02**



The above table No 02 and Graph No-02 reveals that the Urban Students is mean and SD on Mental Health is 126.87, S.D. is 10.71 and Rural Students mean and SD on Mental Health is 140.65, S.D. is 11.48. The F-value is Urban and Rural students on Mental Health is observed 11.38 at 118 degree of freedom. The table value of F is 11.38 at .01 levels of significance. Hence hypothesis is rejected because table value less than calculated value. It means that Rural Students have better Mental Health than Urban Students.

**Hypothesis:-**

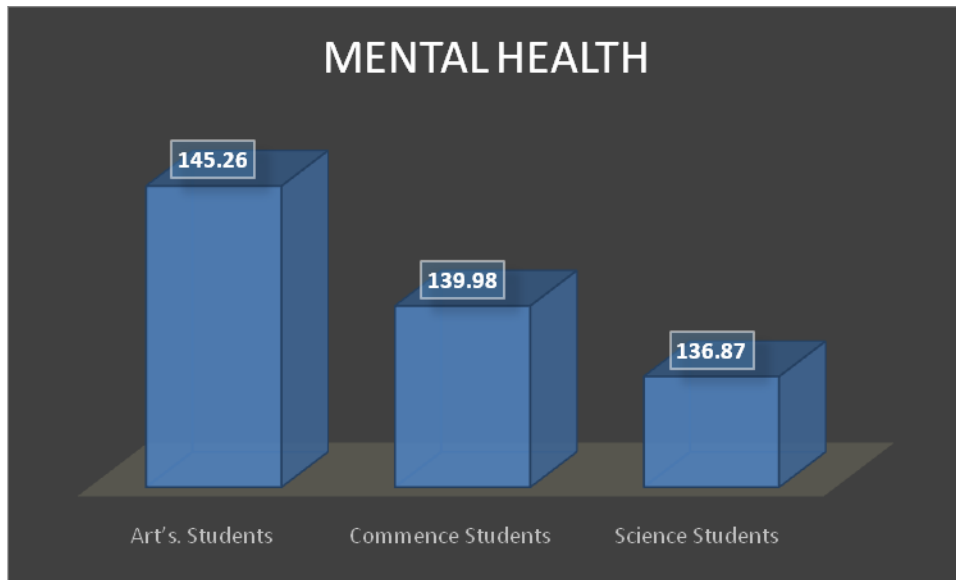
- There is no significant difference between Mental Health than Art's, Commence and Science under Graduate students.

**Table No.03**

Factor	Faculty	Mean	SD	N	DF	F Value	Sign.
Mental Health	Art's Students	145.26	10.15	40	117	17.56	0.01
	Commence Students	139.98	9.22	40			
	Science Students	136.87	12.8	40			

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**Graph No-03**



The above table No 03 and Graph No-03 reveals that the Art's Students mean and SD on Mental Health is 145.26, S.D. is 10.15, Commence Students mean and SD on Mental Health is 139.98, S.D. is 9.22 and Science Students mean and SD on Mental Health is 136.87, S.D. is 12.8. The F-value is Art's, Commence and Science Students on Mental Health is observed 17.56 at 117 degree of freedom. The table value of F is 17.56 at .01 levels of significance. Hens' hypothesis is reject because table value less than calculated value. Its means that Art's Students better Mental Health than Commence and Science Students.

**Conclusions:**

- 1) Female Students high Mental Health than Male students.
- 2) Rural Students High Mental Health than Urban Students.
- 3) Art's Students High Mental Health than Commence and Science Students.

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