

Recent Advances in Anti-Cancer Drugs

Neharika Gupta¹, Kadavala Triveni¹, Tejasvi Roy¹, G Arun Kumar Reddy¹, Amarish Kumar Sharma*

Department of Bioengineering & Bioscience, Lovely Professional University,
Phagwara, Punjab, India-144411

Corresponding Author E-mail: amarish.19824@lpu.co.in

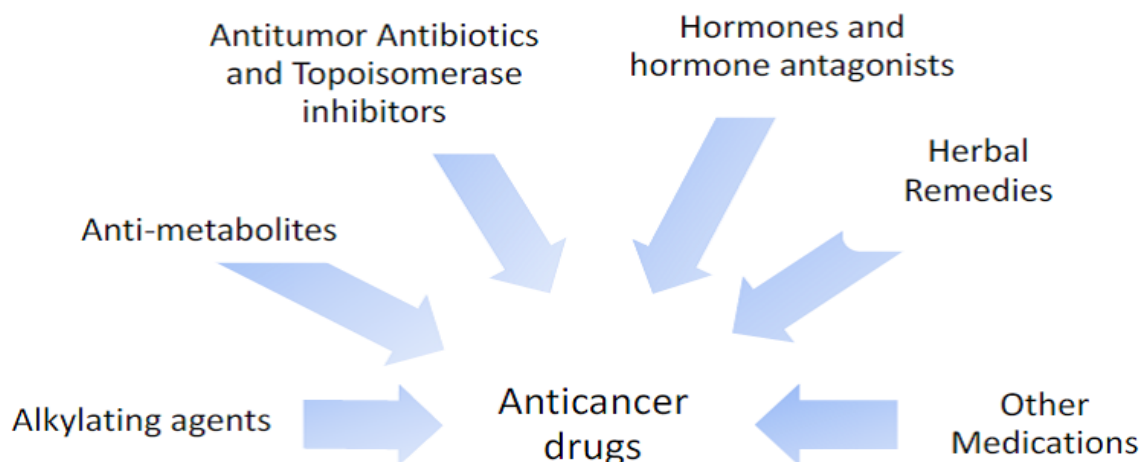
Introduction:

The global scenario of cancer affected patient as per recent data floated by World Health Organization (WHO) is estimated by 18 million new cases and around 10 million casualties leading to death in 2018. Rising work stress and unbalanced food habits globally is hypothesized to be the main reason for the onset of malignancy. At per recent statistical data, one in eight men and eleven women respectively is prone to be malignant. Female breast cancer and common lung cancers are most prevalent and leading form of cancer amounting to 19 percent of global population. In the global scale, 9.2 percent of people are affected by colorectal cancer, 8.2 percent by stomach cancer and 8.2 percent by hepatic cancer respectively. [1]

Recent development in research & technology in cancer therapeutics have encouraged use of new selective oncology drugs, to which the results are highly promising. U.S Food and Drug Administration (USFDA) has recently approved eight drugs for cancer indications in 2017 and twelve cancer drugs for diverse cellular targets. In recent times, very promising anti-cancer drugs such as IDH2 inhibitor have been approved which can effectively kill carcinogenic cells through blocking their signalling metabolic pathways. The advent of Biosimilar, which is substantially cost effective and equally efficacious as the novel drug, plays a highly significant role in sufficing the need for affordable treatment in developing nations. [2]

Food and Drug administration has granted a very promising anti-cancer biosimilar drug, a tissue agonist with targeted genetic change irrespective of the type of cancer. It is very interesting to note that in 2018, 80 percent of the total drugs approved by USFDA, was for cancer therapy. Despite of best of the efforts and millions of dollar invested by pharmaceutical companies and research industries globally, complete cure from cancer through targeted delivery of drugs is still a major challenge. Novel drugs are effective but comes with critical side effects leading to various other subsidiary ailments. Looking into the present challenge in cancer therapy, combinatorial therapy could be the future for oncology patients. [3]

Figure 1:Anticancer Drug Activity Based Classification. [4]

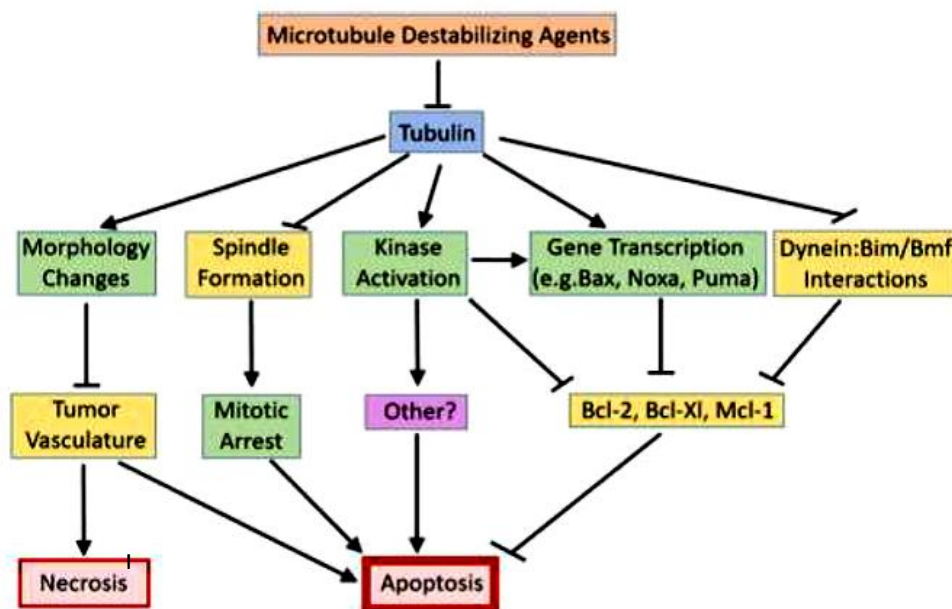


Generally the anti-cancer drugs or the chemo-therapeutics acts on the malignant cells and kill it either through programmed cell death or by arresting their growth cycle. Most of the anti-cancer drugs target the mutagenicity factor and denature them, which promotes uncontrolled cell division. The most prominently affected cellular targets in human system if hematopoietic bone marrow, the prostate and the gastro-intestinal tract. The metabolic organs namely the liver and kidney, which are continuously at work and have very high cellular stress and are mostly deals with addressing cellular toxicity. This could be one of the reason for them to be affected with cellular signalling mismanagement which could lead to carcinoma. [Figure 1]

MicrotubuleInhibitors

Microtubulesareanimportantandeasytargettokilltumourcellsbecausetheyplayamainrolein mitosisandifmitosisisnotcarriedoutinawaythatisRequiredfornormaldivision,itmatleadtoapoptosis.The microtubuleinhibitorsareagroupofcompoundsthatinhibitthefunctionalityof cellularmicrotubules.Microtubuleinhibitorsforexamplevincaalkaloids,epothilonesandtax anesinterfereswiththedynamicsofthemicrotubuleeitherbystabilizingordestabilizingthem,t hereby hinderingthemicrotubulefunctionneededforitspropermitoticactivity.Thisinturnblocksthec ell cycle and leadingtocelldeathofthecellsviaaprocessknownas apoptosis. Microtubulesplayavarietyoffunctionslikecellshapemaintenance ,cellsignalling,mitosis, intracellulartransportandpolarity.Inmitosis,microtubulesleadstotheformationofspindlefib res, whosemainfunctionistoseparatedaughterchromosomes,towardsoppositeendsofthedividin g cell.Thismajorpropertyofmicrotubulesmakesthemaneasytargetforthe productionofchemo - therapeuticdrugs againststumorcells.[5]

Figure 2: Microtubule destabilising agents in Cancer models. [6]



Microtubule Structure

The microtubule structure is well-defined. They are composed of polymers of tubulin. Microtubules are polymers of α - and β -tubulin heterodimer, joined non-covalently and forms a tube-like structure. The molecular weight of the tubulin subunits is approx. 50kDa and are ~50% identical to each other. The polymerization takes place by a phenomenon known as nucleation-elongation. During this process the dimers are added at the end of a short stretch of microtubule termed as nucleus. A head-tail arrangement is seen during polymerisation, specifying α -tubulin of one dimer joined to the β -tubulin of the following dimer. The structure formed after this arrangement is known as protofilaments, which is the backbone of the hollow, tube-like microtubule. The head-tail configuration of the dimers gives polarity to the microtubule. One extreme is encircled with α -tubulin and the other extreme is covered with β -tubulin, conferring - and + charge. These extremes are named as (-) and (+) terminals respectively. There is a region known as the microtubule organizing center (MTOC), mainly composed of proteins, where the microtubules are anchored. The (-) extreme of microtubule is connected to the MTOC and the (+) extreme is free. A major property of the microtubules is that they exist in a dynamic condition, i.e. elongation and contraction takes place by reversible association and dissociation of α/β -tubulin at both terminals. The (-) terminal is less dynamic and the + terminal is more dynamic. There is a GTP binding site at each subunit, known as the non-exchangeable region in α subunit and the exchangeable region in β subunit. GTP binding to α -subunit is stable whereas the GTP binding to β -subunit is unstable and hydrolyzed to GDP after polymerization. The rate at which tubulin gets added is faster than the rate at which GTP gets hydrolysed. [6]

The binding of GDP or GTP on the exchangeable site decides the stability of the microtubule. A GTP-bound microtubule is more stable than a microtubule bound to GDP. Growth of microtubule includes the binding of GTP and shortening includes the breakdown of GDP-bound units.

The polymerization and depolymerization of the microtubules show two characters: treadmilling and dynamic instability. Treadmilling refers to the net addition of dimers to the +terminal and simultaneous subtraction of a tubulin subunit at the -terminal. Spindle microtubules are more dynamic as compared to the interphase microtubules for fast association and dissociation of microtubules during separation of the homologous chromosomes toward the opposite end of the dividing cell. Dynamic instability represents switching of microtubules between phases of slow growth, fast shortening and paused microtubule (neither polymerising nor depolymerization). catastrophe is the transition of microtubules from growth phase to shortening phase and rescue is the switching of microtubules from a shortening phase to growth phase. [7]

Chemotherapeutic drugs used against microtubules work by arresting the cycle in the G2/M phase and leading to apoptosis. Microtubule inhibitors are grouped as follows: destabilizing and stabilizing agents. Microtubule-destabilizing agents comprise of vincaalkaloids and their main function is to depolymerize the microtubules. Stabilizing agents comprise of epothilones and taxanes. They act by enhancing the polymerization process. [8]

Microtubule-Destabilizing Agents

Vincaalkaloids were previously extracted from a plant known as *Vincarosea*. Vinblastine and vincristine were the first two vincaalkaloids to be identified. They only differ in a way that in vincristine the formyl group is attached to the dihydroindole nitrogen and in vinblastine methyl group is present at the same position. Vinorelbine is another vinca of semisynthetic nature.

The vinca-binding region on β -subunit is situated close to the exchangeable GTP-binding region.

There are two different binding sites on microtubules: one binding with high affinity to the end of the subunits and other binding with low affinity along the side surface of microtubule. This also enhances the tendency of the subunit to self-associate, forming spiral aggregates. Vincas cause microtubule depolymerizations so they are termed as destabilizing agents. Other reasons include suppressing dynamic instability and treadmilling, inhibiting mitosis and finally apoptosis. [9]

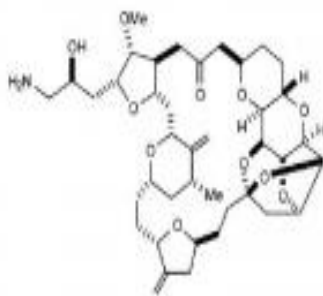
Microtubule-Stabilizing Agents

Paclitaxel is a natural taxane isolated from a plant known as *Taxus brevifolia*. Docetaxel, on the other hand, is a semisynthetic taxane. Taxane is a diterpene having a tetracyclic core made up of two cyclohexanes, a cyclooctane, and an oxetane.

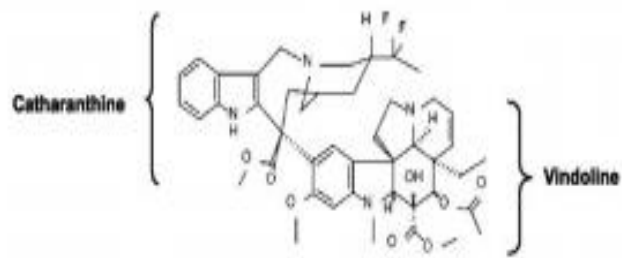
Both the drugs i.e. paclitaxel and docetaxel inhabit the same binding region on the β -subunit of tubulin with a ratio 1:1. The taxane binding site is situated on the inner side of the microtubules, so the microtubules get stabilized, thus increasing polymerization and interference in dynamics of

the microtubule, resulting in arrest of the cell cycle in the G2/M phase and cell death.[10]

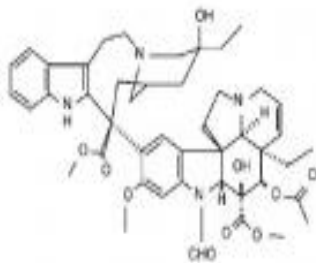
Microtubule-destabilizing Agents



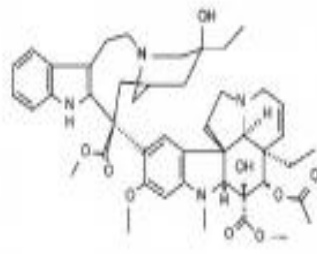
Erubulin mesylate (E7389)



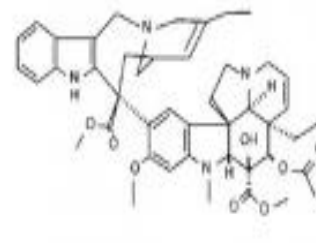
Vinflunine



Vincristine

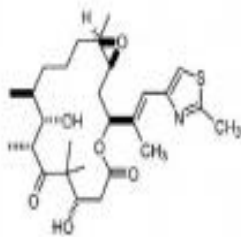


Vinblastine

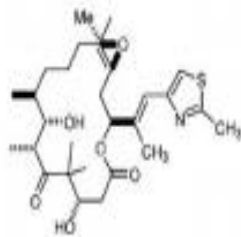


Vinorelbine

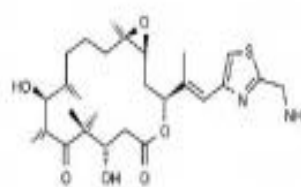
Microtubule-stabilizing Agents



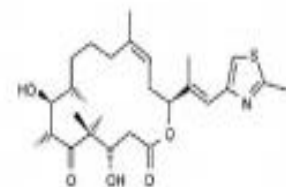
Epothilone A



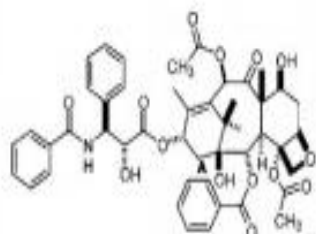
Patupilone (Epothilone B)



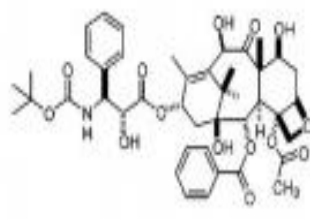
Ixabepilone



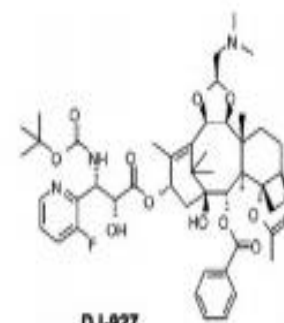
Epothilone D (KOS-862)



Paclitaxel



Docetaxel



DJ-927

Figure 3: Microtubule destabilizing agents [11]

Epothilones

The Epothilones are characterized as 16-membered macrolides. Epothilones A and B were two types of epothilones which were earlier extracted from a myxobacterium. Both the types share a common structure, except for the substitution of a hydrogen for a methyl group at C-12 position in the epothilone B.

Like taxanes, epothilone shows similar mechanism of action, including stabilization, non-functionality of microtubule dynamics, increased polymer mass at high concentrations and tubulin polymerization. Epothilones, due to its action, causes mitotic (cell cycle) arrest in the G2/M phase, resulting in cell death. Some unique molecular interactions are responsible for the binding of epothilones with β -subunit of tubulin. The benzoylphenyl residues of type A is situated in a region of the β -tubulin pocket. Also, some of the oxygen-containing polar groups in type A show specific interactions with the β -tubulin (unlike paclitaxel).

Three unique molecular interactions are responsible for the binding of type A with the pocket. (1) Thr274 and Arg282 of β tubulin forms cooperative hydrogen bond with the C3, C5, and C7 oxygen of epothilone A that are required for binding. (2) Glu292 of β tubulin forms a hydrogen bond with Leu275, required for balancing the M-loop and hydrogen bonding to epothilone A. (3) Ala231 forms a hydrogen bond with His22 that anchors epothilone A with the pocket. [12]

Alkylating Agents

Alkylating operators are one of the most crude and primitive category of drugs for treating malignant growth, since 1940's. Cancerous cells are quite delicate to the affliction (harm) to DNA. The working criteria of the alkylating agents is in such a way that they bind or react to the protein whose role is to bond together to frame sensitive double helical structure of DNA particle, in this manner adding an alkyl gathering to a few or every one of the proteins. This restricts these proteins from showing linkage as needed and therefore causing breakage of the DNA strands and, in the long run, leading to the expiration or end of these cancerous cells. This response is basically a transformation that removes the capacity of the malignant growth cell to duplicate. [13]

Alkylation is the process in which transfer of an **alkyl group** takes place from one molecule to another. The alkyl assemblage is moved as an alkyl carbo-cation. In medication, alkylation of DNA is utilized in chemotherapy for DNA damage of malignant growth cells.

Alkylating operators are generally dynamic and most active in the resting period of the cell. These drugs are cell-cycle vague or cell **cycle non-specific**. The following are a few sorts of alkylating operators utilized in chemotherapy medicines: Mustard gas derivatives: **Mechlorethamine, Cyclophosphamide, Chlorambucil, Melphalan, and Ifosfamide.** [14]

There are various alkylating molecules, they function by the above mentioned mode of action. The alkylating molecules used for treatment of chemotherapy have this

particular effect on malignant growth cell during every time of its life cycle, despite the fact that their greatest effect is in the **S-stage**. Oncologists utilize these alkylating molecules for a vast scope of malignancies. As seen, greatest effect is on malignant growths that develop gradually, similar to strong tumors and leukemia, yet they are likewise used to treat lung malignancy, ovarian disease, bosom malignancy, lymphomas, sarcomas, myelomas, and Hodgkin's illness.

Another method by which these alkylating operators can cause DNA damage is by the arrangement of cross-bridges, i.e. bonds are shaped between the bases in the DNA molecule. In this procedure, two bases show linkage by an alkylating molecule which carries two DNA restricting positions. This **cross linkage** keeps the DNA from being isolated for synthesis or its conversion to mRNA. [15]

Mechanism of Action

Alkylating medications utilized for disease treatment are cell-cycle vague operators. They assault the DNA at any phase in the cell cycle. These medications function at subatomic level by linking to negatively charged positions of DNA. This process is known alkylation.

The aftereffect of the reaction is a DNA molecule having DNA particle having an appended chain of carbon group. This additional strand hampers the duplication and division of strands of hereditary issue. The DNA strands can break down, and the cross-connecting required for DNA replication can be restrained.

The component of activity or action of alkylating operators as chemotherapeutic medications have begun from their capability to irreversibly tie to DNA and, after the binding is done, the modified particle disturbs the common movement is and replication of the DNA strand. The mechanism of action or activity of alkylating agents as chemotherapeutic drugs medications are originated from their capacity to irreversibly bind to DNA and, when bound, the altered molecule disrupts the typical activity is and replication of the DNA strand. [16]

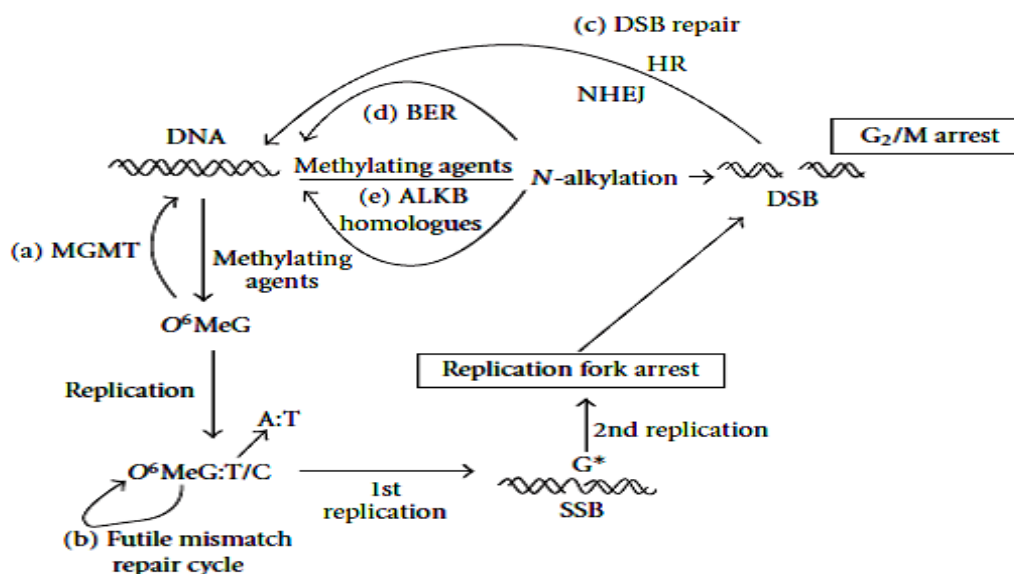
Guanine N7 portion is defenseless or is particularly powerless. These specialists (alkylating operators) advance the intra- and between DNA strand interfacing at guanine bases on the strand. Right when alkylation occurs at a couple of spots along the DNA molecule, the natural mechanisms of the cell are interfered. This prompts to either modified cell demise (apoptosis) or if nothing else a capture or catch in cell replication. In either case, when applied to malignant cells, alkylating operators can limit tumor advancement and cause tumor destruction.

Neoplasms can create opposition or assurance to alkylating operators. This opposition has been connected, at any rate to a limited extent, to the statement of a catalyst known as **MGMT (O6MethylguanineDNAmethyltransferase)**.

MGMT is being able to fix the blunders in DNA due to alkylating operators. Taking the example of temozolomide which is a drug which that causes a potential cytotoxic sore in oxygen 6 of the nucleotides of guanine in DNA. [17]

In comparison to cancerous cells the normal cells holds this component of blunder fix is quite a benefactor. A cellular mechanism to avoid the disturbance of DNA in cells that are typical physiologically. Cancer or tumors are in like manner prepared to express this protein (and perhaps overexpress it) subsequently rendering certain

alkylating masters incapable. These operators that show inhibition in the activity of MGMT can or might be utilized as an adjunct to alkylating specialists aiming to conquer this obstruction and enhance the tumor-murdering impact. The broadly used



platinum drugs act as catalysts for the induction of cross-linking of DNA, despite the fact that they probably won't give an alkyl gathering. [18]

Alkylating operators can likewise cause **secondary malignancies**. The widely recognized one is **Acute Myeloid Leukemia** that can appear quite a while after treatment stops. At certain times during extreme conditions, organ damage occurs with the association of alkylating specialists. Aspiratory fibrosis and veno-occlusive sickness of the liver have been seen over a wide range of medications inside the class. The utilization of nitrosoureas has been related with renal disappointment.

Every so often extreme organ harm additionally happens with the organization of alkylating operators. Pneumonic fibrosis and veno-occlusive illness of the liver have been seen over a wide range of medications inside the class. The utilization of nitrosoureas has linkage with renal disappointment. The central nervous system is also influenced alkylating agents as well, as the affect can be seen. Notwithstanding extreme sickness and retching regular to the class, particular operators (for example Ifosfamide) are very neurotoxic, prompting intense disarray and insanity, seizures, loss of motion, and trance state. [19]

Alopecia (male pattern baldness) is known to occur with alkylating operators. Even sex organs are not saved—women that are treated with alkylating specialists may experience permanent amenorrhea (nonappearance of monthly cycle) and in men, sperm creation may stop. They should never be used on pregnant women since they lift the danger of birth surrenders. [20]

Figure:4 Alkylating agents[21]

Figure 1: Methylating agent signalling pathways affecting DNA damage. Methyl adduct is abstracted from O⁶MeG in step (a) by O⁶-methylguanine-DNA methyltransferase (MGMT). Mismatch pairs namely O⁶MeG: C or O⁶MeG: T can

form,if left unrepaired. A: Tmutation (transition state) occurs in the next round of replication of O6MeG: T pairs. In step (b),the mismatch repair(MMR) system recognizes O6MeG:T and O6MeG:C pairs, creating single strand breaks resulting in arrest in cell replication arrest further promoting double strand break. The cell cycle arrest is observed in G2-M phase in the second cell cycle instead if first cell cycle. In the step (c), the repair of double strand breaks is promoted by homologous recombination and non-homologous end joining. Base excision repair or alpha ketoglutarate dependent hydroxylase (AlkB) do the repairing of N-alkylation and if repair is not furnished, double strand break occurs.

Antimetabolites

These are the substances that are often analogous in structure to the natural metabolitethat they inhibit with. These resemble structurally with natural substrates, but differ intheir function and hence interfere with their metabolism.Usually, antimetabolites induce cell apoptosis during s phase of cell cycle when incorporated into RNA and DNA of cell .These substances have two distinctive characteristics.(i) Antimetabolites resemble in chemical structure with naturally occurring substances or metabolites that are essential for living processes.(ii) They inhibit the biological action of natural metabolites. [22]Anti-metabolites are used in concertreatment as chemotherapy medication.As they can interfere with DNA synthesis, and inhibit the cell division, hence the growth of tumour is inhibited. As cancer cells divide more rapidly than normal cells, inhibiting cell division harms cancer cells more than the normal cells.so antimetabolites affect cancer cell division more than affecting normal cell division.These are used for treating variety of cancers, such as leukaemia, pancreatic, ovarian, gastro-intestinal and breast cancer. [23]

Antimetabolites mainly falls into two types.**Base analogues (alters nucleobases)** – these are the substances that can substitute for a natural nucleobase present in nucleic acids like DNA and RNA. This means that these substances are structurally analogue to the nucleobases of DNA. However, since they are slightly different in function from the normal bases, the DNA production is inhibited and effects the cell cycle and eventually the cell dies by apoptosis. **Purine analogues** – thesesubstances are structurally similar with the metabolic purines (adenine and guanine).Examples: Fludarabine, thiopurines, andAzathioprine. **Pyrimidine analogues** – these substances arestructurally similar with the metabolic pyrimidines (thymine and cytosine).Examples: Cytarabine, Gemcitabine and 5-Fluorouracil. [24]

Antifolates are the chemicals that inhibits the functions of folic acid (vitamin B9). folic acid is a chemical which is essential for DNA and RNA synthesis.Example – Methotrexate .Cytarabine, an antimetabolite drug, interferes with dihydrofolate reductase, which is required for the synthesis of tetrahydrofolate and subsequently inhibits synthesis of the folic acid needed for DNA formation. [25]

Table 1: [26]

Antimetabolites	Mode of action
-----------------	----------------

Anti-folates	Displacement of Dihydrofolate due to inhibition of dihydrofolatereductase stops the formation of purine nucleotides.
Pyrimidine antagonists	DNA replication stops due to incorporation of false pyrimidine analogs into DNA
Purine antagonists	DNA replication is arrested due to incorporation of false purine analogs.
Purine analogs	DNA strand breaks due to inhibition of DNA polymerase

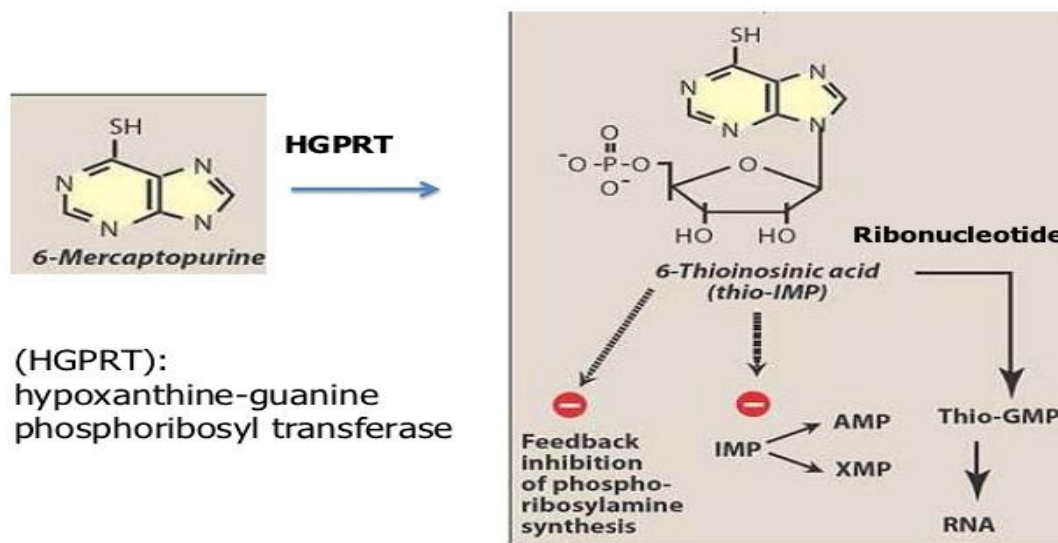
Mechanism of action

The mechanism of action of pyrimidine and purine antimetabolites is same. These substances enters into cells by different pathways via, a membrane transporter and mimics the structure of cellular nucleotides by the pyrimidine or purine metabolic pathway enzymes. These metabolites then inhibit enzymes that are necessary for DNA synthesis, damaging DNA replication, eventually causing cell death (apoptosis).

Purines (guanine and adenine) are the substances used for nucleotides synthesis. These are basic components of nucleotides, pre-mitotic division, it must replicate its DNA content, to as to give each daughter cell a complete set of genetic information. In the DNA duplication process, the nucleotides are assembled with each other and forms the new DNA strands. Sugar molecules along with Phosphate groups are joined together to the long strands of newly synthesised DNA of chromosomes. The growth of the DNA is inhibited by Incorporation the purine antagonist and hence prevents cell division. [27]

In two different ways the purine antagonists inhibit the DNA synthesis. (1)The production of nucleotides having purine bases adenine and guanine is inhibited by the purine antagonist. These substances mimic the structure of natural purines. Due to lack of sufficient amounts of purine bases, the DNA replication is halted and the cell cannot duplicate its DNA content. (2). during DNA synthesis Phase they may be incorporated in to cell. The presence of the antimetabolites can thus inhibit the cell division. Pancreatic cancer can be treated using purine antagonist which includes **6-mercaptopurine (6-MP)**. [28]

6 Mercaptopurine

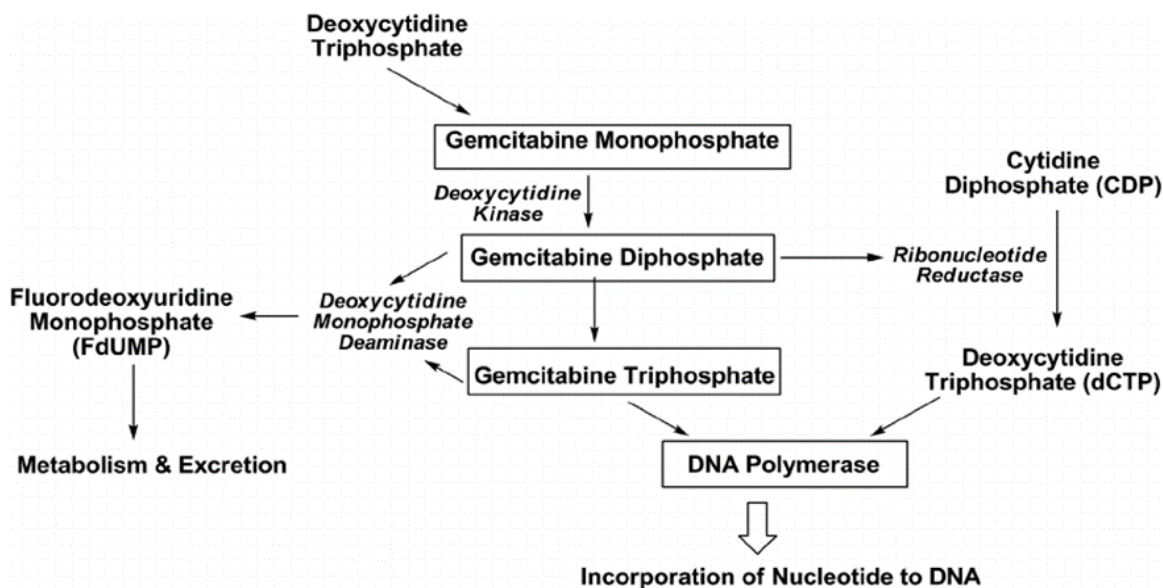


Pyrimidine Antagonists

Mechanism of action the pyrimidine antagonists is similar to purine antagonists. But acts on the pyrimidine containing nucleotides synthesis that is Cytosine and Thiamine in DNA; Cytosine and Uracil in the case of RNA to block their synthesis. These substances resemble the pyrimidine nucleotides. They can inhibit the production of the fully synthesised nucleotides. They effect the pathway in different steps or directly inhibit the enzymes involved. The pyrimidine antagonist can also be incorporated directly into a growing DNA chain and thus lead to DNA synthesis termination. For a cell to reproduce, replicate of the all DNA has to be done. During DNA synthesis, pyrimidine and purine molecules must be available for the synthesis of new nucleotide. The availability of pyrimidine decreased by pyrimidine antagonists, leads to DNA synthesis inhibition and stops cell division and eventually cell dies by apoptosis. Their action can be either accomplished by (a). Incorporation as false purine antagonist in DNA or RNA (b) Through effecting of proteins involved in nucleotide metabolism. Pyrimidine antagonists currently used to treat pancreatic cancer includes **5-fluorouracil, Capecitabine and Gemcitabine.**[30]

GEMCITABINE

Figure 4: Mechanism of action of gemcitabine [31]

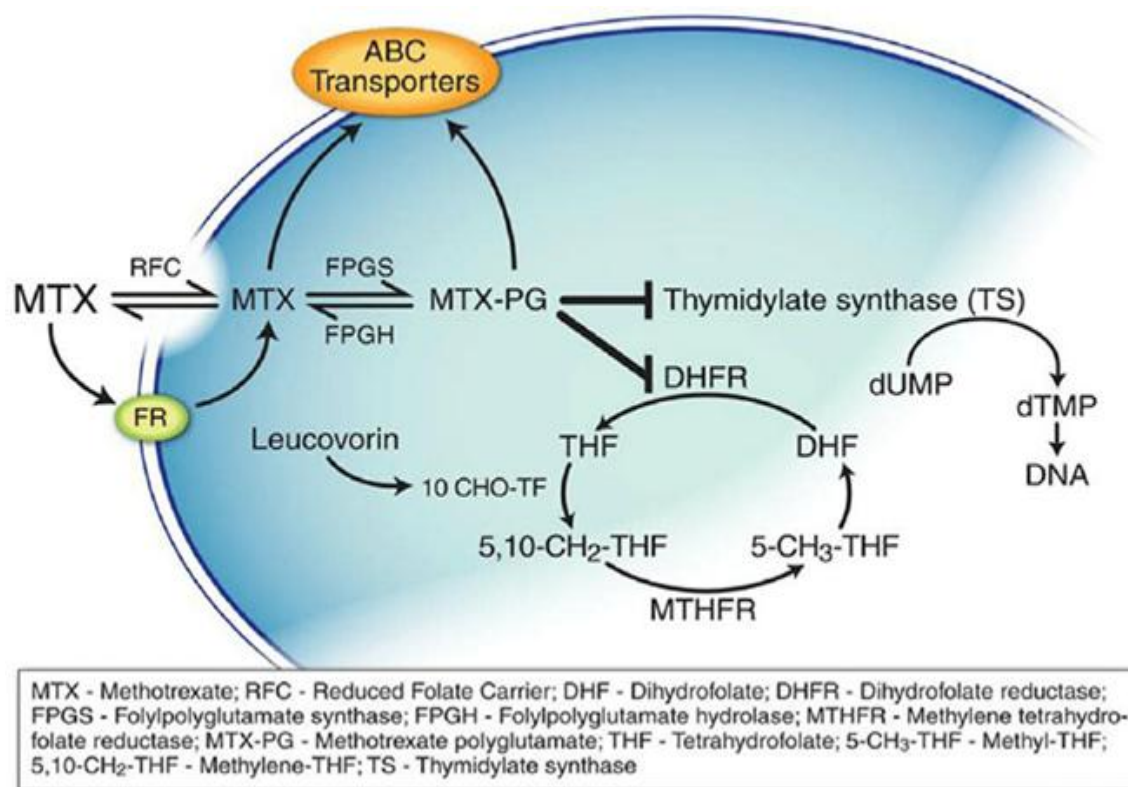


Folate Antagonists

Folate antagonists also identified as antifolates inhibits the function of folic acid that is required for the formation of nucleotide bases by inhibiting dihydrofolate reductase (DHFR) enzyme. When this enzyme is inhibited, nucleotide base formation is altered, and thus interrupts DNA replication process and eventually cell division stops and cell apoptosis occurs. Folate antagonists currently used to treat pancreatic cancer includes Methotrexate. [32]

METHOTREXATE used for treating pancreatic cancer, Methotrexate is the primary folate antagonist medication used as a chemotherapeutic agent. Methotrexate is antifolate antimetabolite. It shows its effect on cancer cells by different pathways. Methotrexate alters the function of dihydrofolate reductase (DHFR) enzyme by competitive inhibition [an enzyme that participates in the tetrahydrofolate synthesis] by tightly binding, or through reversibly binding to DHFR and making it non-functional or inactive. Methotrexate enters the cell by different pathways through, reduced folate carriers, low pH folate transporter, or specific folate receptors. [33]

Figure 5: Methotrexate anti-cancer mechanism of action [34]



Once, methotrexate enters the cell, it binds to DHFR. Because of this binding, the amount of DHFR available to the cell decreases, and due to this unavailability of DHFR the reduction of the tetrahydrofolate precursors stops, that is folic acid and dihydrofolic acid. Folic acid is essential for the de novo synthesis of the nucleoside thymidine, folate is essential for purine and pyrimidine base biosynthesis. so by inhibiting the function of folic acid stops the synthesis of DNA, RNA, thymidylates, and proteins. Without active folate, (tetrahydrofolate) the cell cannot produce new purine and thymidine nucleotides for DNA synthesis. Without DNA synthesis, cell growth or cell division does not occur. [34]

Immunotherapy

Pancreatic ductal adenocarcinoma (PDAC) is one of the largest causes of death by a cancer with low prognosis level. The purpose of this article is to review the immunotherapeutic approaches to treat cancer. The environment of PDAC may be housing various types of cells that are helpful in maintaining the immunity of the body. Main cell types are myeloid derived suppressor cells, macrophages, T cells and mast cells. Presence of these different types of cells in the pancreatic stroma is resulted in immunotolerance to tumor cells.

Mast cells are filled with basophil granules and release histamine substances during allergic and inflammatory reactions. The count of these mast cells are found to be increased during the

conditions of the pancreatic adenocarcinoma. They also help in remodelling of tissue, tumor growth (Gilfillan and Beaven 2011). PDAC cells give signals that may increase the mast cells in flux into the microenvironment of PDAC (Strouch et al, 2010). and the mast cells by a Matrix Metallo-Proteinase dependent manner (MMP) found to increase the invasion of pancreatic cancer cells (Strouch et al 2010). It is also found that the precursors of these mast cells are attracted towards the pancreatic stroma and they express the stem cell factor receptor which leads to the influx of mast cells towards tumor. The mast cells get activated in tumor microenvironment and secrete many types of Interleukins, Vascular Endothelial Growth Factors and Tumor Necrosis Factor which are believed to increase tumor growth. Simultaneously the mast cells secrete Tregs and Interleukin 10 which mainly favor the immunosuppression in the tumor microenvironment (Ribatti and Crivello, 2011). [35]

Myeloid Derived Suppressor Cells

Mast cells promote Myeloid Derived Suppressor cell recruitment towards the tumor site via the production of 5-lipoxygenase and IL-17 (Yang Z., B. Zhang, D. Li, M. Lv, C. Huang, G.-X. Shen, B. Huang, 2010 and Cheon E. C., K. Khazaie, M. W. Khan, M. J. Strouch, S. B. Krantz, J. Phillips, N. R. Blatner, L. M. Hix, M. Zhang, K. L. Dennis, et al. 2011). The Myeloid derived Suppressor cells are immature myeloid cells that are capable of increasing the tumor invasion by enhancing angiogenesis of the vascular system. These suppressor cells are also capable of suppressing the immune system (Ostrand-Rosenberg and Soneggs, 2009, Ochando and Chen, 2012). These Myeloid Derived Suppressor cells inhibit activation of T cells by producing reactive oxygen species (Kusmartsev et al 2004) and T cell regulation. These Myeloid Derived Suppressor cells reduce the cytotoxic activity of NK cells and promote the proliferation of Tregs (regulation T cells) (Ostrand-Rosenberg et al 2012). These Myeloid Derived Suppressor cells are found to alter the surface of MHC class I expressed on the tumor cells which prevents binding of peptide that is processed which may if binds activate the CD8+ pathway (Lo et al 2011). [36]

This CD8+ and CD4+ T cells play a major role in helping the ligation of CD40 ligation with its ligand. This CD40 regulates the immunity both cellular and humoral by activating the antigen presenting cells (Lanzavecchia et al 1998). The ligation of CD40 ligand with CD40 leads to regulation of costimulatory and MHC molecules. This leads to release of cytokines that activate T cells. Recently agonist CD40 antibodies are found to provide the same effect which otherwise provided by ligation of CD40 Ligand (Jleukocbiol. 2000, Quezada, 2004.). CD40 mAb immunotherapy is followed by increase in depression of CD86 and class 2 MHC molecules on tumor associated macrophages in tumor bearing mice. Macrophage can be differentiated into 2 types: M1 like macrophages that promote tumor cell death and M2 like macrophages which favor tumor progression (Ostrand-Rosenberg et al 2012; Ruffles). [37]

Conclusion:

For the past four decades, the scientific world has witnessed major developments in developing a reproducible understanding in cancer bio-therapeutics. In recent times, many anti-cancer drugs became very popular, as they displayed long term survival of patients post therapy. Tamoxifen is one of such anti-cancer drug, against breast cancer, which is very popular due to the above mentioned reason. Imatinib, a biological anticancer drug, is very successful against myeloid leukaemia. The cumulative success rate of in anti-cancer new chemical entities or biosimilar drugs is tentatively at around 10 percent and covering the business totalling one billion dollars globally.

The advent of System Biology which uses prediction analysis and simulations through mathematical modelling is gaining pace in recent times for screening of target based anti-cancer drug therapy. Quantitative Structure Activity Relationships (QSAR) is one of such technology which is increasingly adopted in recent times to predict the outcome of drug formulation and scale-up. [38]

For an anti-cancer drug to be effective on the human host system few important criteria's need to be considered. This include the clear understanding of pathophysiology of cellular target affected with carcinoma, enhanced expression of target site inducing malignancy, intracellular or intracellular interactions in malignant tissues, the understanding of picking or developing correct animal models for preclinical screening of anti-cancer drugs and looking for target specific biomarker, which can provide a close clue for understanding the pathogenesis and developing a personalized anti-cancer therapy. [39]

References:

1. Meegan, M. J., & O'Boyle, N. M. (2019). Special Issue "Anticancer Drugs".
2. Impact, N. D. T. A. (2018). Available online: [https://www.fda.gov/files/drugs/published.New-Drug-Therapy-Approvals-2018_3.pdf](https://www.fda.gov/files/drugs/published/New-Drug-Therapy-Approvals-2018_3.pdf) (accessed on 11 September 2019).
3. Makharza, S. A., Cirillo, G., Vittorio, O., Valli, E., Farfalla, A., Curcio, M., ...&Hampel, S. (2019). Magnetic Graphene Oxide Nanocarrier for Targeted Delivery of Cisplatin: A Perspective for Glioblastoma Treatment. *Pharmaceuticals*, 12(2), 76.
4. Gurova, K. (2009). New hopes from old drugs: revisiting DNA-binding small molecules as anticancer agents. *Future oncology*, 5(10), 1685-1704.
5. Perez EA (2009). Microtubule inhibitors: Differentiating tubulin-inhibiting agents based on mechanisms of action, clinical activity, and resistance. *Mol Cancer Ther* 8: 2086–2095.
6. Nogales, E. (2001). Structural insights into microtubule function. *Annual review of biophysics and biomolecular structure*, 30(1), 397-420.
7. Desai, A., & Mitchison, T. J. (1997). Microtubule polymerization dynamics. *Annual review of cell and developmental biology*, 13(1), 83-117.

8. Jordan, M. A. (2002). Mechanism of action of antitumor drugs that interact with microtubules and tubulin. *Current Medicinal Chemistry-Anti-Cancer Agents*, 2(1), 1-17.
9. Lobert, S., Vulevic, B., & Correia, J. J. (1996). Interaction of vinca alkaloids with tubulin: a comparison of vinblastine, vincristine, and vinorelbine. *Biochemistry*, 35(21), 6806-6814.
10. Mukhtar, E., Adhami, V. M., & Mukhtar, H. (2014). Targeting microtubules by natural agents for cancer therapy. *Molecular cancer therapeutics*, 13(2), 275-284.
11. Perez, E. A. (2009). Microtubule inhibitors: Differentiating tubulin-inhibiting agents based on mechanisms of action, clinical activity, and resistance. *Molecular cancer therapeutics*, 8(8), 2086-2095.
12. Nicolaou, K. C., Roschangar, F., & Vourloumis, D. (1998). Chemical biology of eptophilones. *Angewandte Chemie International Edition*, 37(15), 2014-2045.
13. Saffhill, R., Margison, G. P., & O'Connor, P. J. (1985). Mechanisms of carcinogenesis induced by alkylating agents. *Biochimica et Biophysica Acta (BBA)-Reviews on Cancer*, 823(2), 111-145.
14. Warwick, G. P. (1963). The mechanism of action of alkylating agents.
15. Siddik, Z. H. (2002). Mechanisms of action of cancer chemotherapeutic agents: DNA-interactive alkylating agents and antitumour platinum-based drugs. *The cancer handbook*, 1.
16. Walpole, A. L. (1958). Carcinogenic action of alkylating agents. *Annals of the New York Academy of Sciences*, 68(3), 750-761.
17. Esteller, M., & Herman, J. G. (2004). Generating mutations but providing chemosensitivity: the role of O 6-methylguanine DNA methyltransferase in human cancer. *Oncogene*, 23(1), 1.
18. Lawley, P. D., & Brookes, P. (1963). The action of alkylating agents on deoxyribonucleic acid in relation to biological effects of the alkylating agents. *Experimental cell research*, 9, 512-520.
19. Reimer, R. R., Hoover, R., Fraumeni Jr, J. F., & Young, R. C. (1977). Acute leukemia after alkylating-agent therapy of ovarian cancer. *New England Journal of Medicine*, 297(4), 177-181.
20. Simister, J. M. (1966). Alopecia and cytotoxic drugs. *British medical journal*, 2(5522), 1138
21. Healy, A. R., & Herzon, S. B. (2017). Molecular basis of gut microbiome-associated colorectal cancer: a synthetic perspective. *Journal of the American Chemical Society*, 139(42), 14817-14824.
22. Peters, G. J., Van der Wilt, C. L., Van Moorsel, C. J. A., Kroep, J. R., Bergman, A. M., & Ackland, S. P. (2000). Basis for effective combination cancer chemotherapy with antimetabolites. *Pharmacology & therapeutics*, 87(2-3), 227-253.
23. Woolley, D. W. (1952). A study of antimetabolites. *A study of antimetabolites*.
24. Fowden, L., Lewis, D., & Tristram, H. (1967). Toxic amino acids: their action as antimetabolites. *Adv. Enzymol.*, 29, 89-163.
25. McGuire, J. J. (2003). Anticancer antifolates: current status and future directions. *Current pharmaceutical design*, 9(31), 2593-2613.
26. Kompis, I. M., Islam, K., & Then, R. L. (2005). DNA and RNA synthesis: antifolates. *Chemical reviews*, 105(2), 593-620.
27. Fleisher, M. (1993). Antifolate analogs: mechanism of action, analytical methodology, and clinical efficacy. *Therapeutic drug monitoring*, 15(6), 521-526.

28. Bertino, J. R. (2009). Cancer research: from folate antagonism to molecular targets. *Best Practice & Research Clinical Haematology*, 22(4), 577-582.
29. Lennard, L. (1992). The clinical pharmacology of 6-mercaptopurine. *European journal of clinical pharmacology*, 43(4), 329-339.
30. Maley, F. (1977). Pyrimidine antagonists. In *Chemotherapy* (pp. 327-361). Springer, Boston, MA.
31. Plunkett, W., Huang, P., & Gandhi, V. (1995). Preclinical characteristics of gemcitabine. *Anti-cancer drugs*, 6, 7-13.
32. Bertino, J. R. (1963). The mechanism of action of the folate antagonists in man.
33. Bischoff, K. B., Dedrick, R. L., Zaharko, D. S., & Longstreth, J. A. (1971). Methotrexate pharmacokinetics. *Journal of pharmaceutical sciences*, 60(8), 1128-1133.
34. Jolivet, J., Cowan, K. H., Curt, G. A., Clendeninn, N. J., & Chabner, B. A. (1983). The pharmacology and clinical use of methotrexate. *New England Journal of Medicine*, 309(18), 1094-1104.
35. Steele, C. W., Karim, S. A., Leach, J. D., Bailey, P., Upstill-Goddard, R., Rishi, L., ... & Eberlein, C. (2016). CXCR2 inhibition profoundly suppresses metastases and augments immunotherapy in pancreatic ductal adenocarcinoma. *Cancer cell*, 29(6), 832-845.
36. Ostrand-Rosenberg, S., & Sinha, P. (2009). Myeloid-derived suppressor cells: linking inflammation and cancer. *The Journal of Immunology*, 182(8), 4499-4506.
37. Nagaraj, S., & Gabilovich, D. I. (2010). Myeloid-derived suppressor cells in human cancer. *The Cancer Journal*, 16(4), 348-353.
38. Taşkın-Tok, T., & Gowder, S. (2014). Anticancer drug—friend or foe. In *Pharmacology and Therapeutics*. IntechOpen.
39. Meegan, M. J., & O'Boyle, N. M. (2019). Special Issue "Anticancer Drugs".